



MOUNTAIN PARK
HEALTH CENTER



Integrated Behavioral Health

Bill Rosenfeld, LPC

Mountain Park Health Center's Baseline Clinic in South Phoenix

Path to Integration

- One man show in January of 2003
- Medicaid Reimbursement March of 2004
- Key Clinical pathways linked to the Health Disparity Collaboratives 2005.
- All 5 sites integrated in all departments 2006.

Components of Primary Medical Home at Mountain Park Health Center

- Behavioral Health Consultants
- Health Educators
- Promotoras
- Patient Navigators

Key Clinical Pathways

Multiple Personality of the BH Consultant

- Asthma Educator
- CVD Educator
- Childhood Obesity Navigator/Facilitator
- Diabetic Class Facilitator
- New Born Screen
- Self Management Goal Setting



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Improved Health Outcomes

- Diminished HbA1c across the board
- Diminished Missed School Days
- Diminished rate of Patients asked to leave practice
- Patient Confidence in self-care enhanced
- Ratio of SM Goals set and education attended enhanced
- Enhanced medication compliance



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Key Barriers

- Living with the “Change Agent” tattoo
- The trouble with the high demand BHC
- Paradigm Shift for all disciplines
- Reimbursement battles



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Key Successes

- Collaborative Care Model gives the organization an identity
- Growth of department and BHC squad determined by provider satisfaction & reimbursement
- IBH repeatedly demonstrates value as a funding lure
- Requests for technical assistance spawned MPHC IBH Training Institute



Contact information

Bill Rosenfeld

602-323-3242

brosenfeld@mphc-az.org

www.mphc-az.org



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